**Exercise 1: Clarification of Purpose – These are questions that help to clarify your reasons for holding One Command Circles and to set your intention for your success. Enjoy the process.**

Why are you interested in leading One Command Circles?

What do you want to accomplish - what are your goals as a Circle Leader?

What are your experiences with One Command Circles?

Why are you invested personally in The One Command? How does it work in your life?

*“To be successful, all you have to do is give up everything you think you know and allow what is not known that is even greater to arrive.”*

*~* Asara Lovejoy

If you noticed any resistant ideas to you holding circles- any fear or lack of confidence now is the time to identify what you want to feel and know instead and to form your Commands to change that right within you.

I don’t know how it is easy for me to lead One Command Circles. I only know that it is so now and I am fulfilled.

I don’t know how I grow more confident and enjoy leading Circles as others benefit from attending the One Command Circles I lead. I only know that it is so now and I am fulfilled.